

Produced by the South Central Center for Public Health Preparedness  
in partnership with the Alabama Department of Public Health

# PREPAREDNESS UPDATE

*Primum Non Nocere:*

## Evidence-Based Approaches for Post-Disaster Mental Health Disorders

**Satellite Conference and Live WebCast**

**Tuesday, December 2, 2003, 12:00-1:30 p.m., Central Time**

**1:00-2:30 p.m., Eastern Time**

**11:00 a.m.-12:30 p.m., Mountain Time**

**10:00-11:30 a.m., Pacific Time**

A natural disaster or terrorist event demands phenomenal resources from health and emergency professionals to work around the clock in managing the crisis. What is equally important is the post disaster period which may have long-lasting emotional and psychological effects on the population affected. This program will introduce common post disaster mental health problems and review data on principles and practices for intervention. There will be a particular focus on Acute Stress Disorder (ASD), Post Traumatic Stress Disorder (PTSD), and common pitfalls in intervention.

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### **Faculty:**

**Neil W. Boris, MD**

Assistant Professor of Community Health Sciences  
Tulane University School of Public Health and Tropical Medicine  
Department of Community Health Sciences  
New Orleans, Louisiana

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### **Objectives:**

Identify signs and symptoms of both Acute Stress Disorder (ASD) and Post Traumatic Stress Disorder (PTSD).  
Identify the major weaknesses of post-disaster intervention including Critical Incident Stress Debriefing (CISD).  
Identify the types of effective interventions for Post Traumatic Stress Disorder (PTSD) and when these interventions should be considered.

### **Conference Details:**

**Registration:** [www.adph.org/alphntn](http://www.adph.org/alphntn)

**Cost:** No cost to view.

**CEU's:** No CEU's for this satellite conference.

**Satellite Coordinates:** C & Ku Band available  
after registration.

**Live WebCast:** [www.adph.org/alphntn](http://www.adph.org/alphntn)

**Conference Materials:** Posted on our website  
approximately one week before the program.

**Questions:** [alphntn@adph.state.al.us](mailto:alphntn@adph.state.al.us) or 334-206-5618.

### **Upcoming Conferences:**

#### **Risk Communications**

Wednesday, January 28, 2004

12:00-1:30 p.m., Central Time

#### **Agroterrorism**

Date to be announced for February 2004

#### **Chemical Risk Assessment**

Date to be announced for March 2004